

EDGE 1 EMPHASIS

○ SPIRITUAL DISCIPLINES

- Evangelism
- Work Ethic
- TMS
- SHAW

Collegiate Training Compass:

SPIRITUAL DISCIPLINES

What: Each EDGE staff is introduced to and practicing a variety of spiritual disciplines for their spiritual formation, including a half day (3-4 hours) time alone with God each week.

Why: We want to be a people deeply in love with God...who first loved us. The goal is NOT a new list of ways to try harder, but to help EDGERS think practically and actively about experiencing God and participating in the transformation process of a relationship with God.

As a trainer, you can help determine which practices (fasting, silence, service, study, worship etc.) would be most helpful in developing their love of God and others.

Questions for your radar:

- What practice might spur them on in a new way with God?
- Do they seem to enjoy Jesus?
- Are they ministering by the power of the Spirit? Why, why not?
- Are there habits in their life currently keeping them from experiencing God?
- How can I help them avoid self-righteousness in this process?

Linked Resources:

- Live Life to the Full (Dallas Willard)
- Prayer Retreats
- The Choices We Make: Video (Jean Fleming)