

THE
DISCIPLE MAKING
JOURNAL

JIM RINELLA

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(NAME)

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EXPLANATION & INTENT

"We must decide where we want our ministry to count - in the momentary applause of popular recognition or in the reproduction of our lives in a few chosen people who will carry on our work after we have gone. Really it is a question of which generation we are living for."

- Robert Coleman, *The Master Plan of Evangelism*

This Disciple Making Journal is intended to be a tool in the hands of those men and women who want their lives to reproduce Jesus in a few chosen people to impact generations to come. The goal is to help each Disciple Maker plan to be intentional with the people God has given them to invest in.

The first step of the planning involves picking a topic to teach. There are two pages per topic to help you think through these main questions:

1. **What does the Bible teach on this topic?**
2. **How can I live this out WITH the person I am helping?**
3. **What materials and resources will help me teach this topic?**
4. **What is a simple plan that would make this topic realistic?**

The second page helps you plan the Why and How with these questions:

1. **Tell Why - Motivate**

Where in the Bible do you find motivation for this topic?

What motivates you in your own life about this topic?

What benefits would you see if you lived out this topic?

2. **Show How - Instruct**

What can you do WITH this person to show how you live this out?

What tools and illustrations help explain how this can be lived out?

3. **Get Started - Plan**

What activities and materials will help encourage this topic to become real in their lives?

4. **Keep Going - Evaluate**

What questions would help give you insight to know if this person really understands the topic?

What questions help you know if this person is beginning to make this truth real in their life?

5. **Pass On - Reproduce**

Can they teach someone else what you've taught them?

This journal is written with gratefulness to Mike Moore and Alan Hancock who invested in me during high school and college. My attempts at Making Disciples come out of a deep gratefulness that God sent men to help me on my journey with Christ.

- Jim Rinella, October 2011

A FEW THINGS WELL

1. ASSURANCES

- Assurance of Salvation
- Assurance of Answered Prayer
- Assurance of Victory over Sin
- Assurance of Forgiveness
- Assurance of Guidance

2. ILLUSTRATIONS

- The Wheel
- The Hand
- The Bridge
- The Prayer Hand

3. TIME ALONE WITH GOD

- Having a Quiet Time with them
- Favorite Verse Method
- Pick your Best Verse and Apply it

4. SCRIPTURE MEMORY

- Review Verses with them
- Best Biblical Reasons to Memorize
- Topical Memory System
- Memorize Favorite verses

5. BIBLE STUDY

- Join a Bible Study
- Inductive Bible Study
- Topical Bible Study
- Character Bible Study

A FEW THINGS WELL

6. PRAYER

- Pray with them
- Simple Prayer List
- Biblical Promises
- Adoration - Confession - Thanksgiving - Supplication

7. EVANGELISM

- Do not leave your lost friends
- Develop and Share Personal Testimony
- Share the Bridge Illustration
- Share Christ in All Life Settings

8. DISCIPLEMAKING

- It is never too early to start
- Pray for and Make a Disciple
- Study Great Commission

9. CHARACTER ISSUES

- Where do they struggle?
- Sexual Temptation and Healing
- Purity with Boyfriend or Girlfriend
- The Fruits of the Spirit
- Lordship

10. LIFE ISSUES

- Joining a Church
- Discipleship after College
- Managing Time
- Managing Money

BEING "WITH" IDEAS

MINISTRY

- Sitting in on their One on One's
- Evangelistic pizza parties together
- Hanging out with students together
- Planning ministry together
- Preparing a workshop together
- Going to their Bible Studies
- Trips of any kind, anywhere together

FAMILY / FRIENDSHIP

- Inviting them to your house for a meal / dessert
- Going on a double date
- Playing sports together
- Having a barbeque at your house
- Working out together
- Going camping
- Reaching out to be with them in a hard time
- Joining them at a milestone event
- Doing something they want to do
- Having a party at your house

WALKING WITH GOD

- Praying together
- Reviewing verses together
- 1/2 day with God together
- Quiet time with God together
- Prayer walks together
- Going to church together
- Morning alone with God together

THE TOPICAL MEMORY SYSTEM

LIVE THE NEW LIFE

Christ the Center	2 Corinthians 5:17	Galatians 2:20
Obedience to Christ	Romans 12:1	John 14:21
The Word	2 Timothy 3:16	Joshua 1:8
Prayer	John 15:7	Philippians 4:6,7
Fellowship	Matthew 18:20	Hebrews 10:24,25
Witnessing	Matthew 4:19	Romans 1:16

PROCLAIM CHRIST

All Have Sinned	Romans 3:23	Isaiah 53:6
Sin's Penalty	Romans 6:23	Hebrews 9:27
Christ Paid the Penalty	Romans 5:8	1 Peter 3:18
Salvation is not by Works	Ephesians 2:8,9	Titus 3:5
Must Receive Christ	John 1:12	Revelation 3:20
Assurance of Salvation	1 John 5:13	John 5:24

RELY ON GOD'S RESOURCES

His Spirit	1 Corinthians 3:16	1 Corinthians 2:12
His Strength	Isaiah 41:10	Philippians 4:13
His Faithfulness	Lamentations 3:22,23	Numbers 23:19
His Peace	Isaiah 26:3	1 Peter 5:7
His Provision	Romans 8:32	Philippians 4:19
His Help in Temptation	Hebrews 2:18	Psalms 119:9,11

BE CHRIST'S DISCIPLE

Put Christ First	Matthew 6:33	Luke 9:23
Separate From the World	1 John 2:15,16	Romans 12:2
Be Steadfast	1 Corinthians 15:58	Hebrews 12:3
Serve Others	Mark 10:45	2 Corinthians 4:5
Give Generously	Proverbs 3:9,10	2 Corinthians 9:6,7
Develop World Vision	Acts 1:8	Matthew 28:19,20

GROW IN CHRISTLIKENESS

Love	John 13:34,35	1 John 3:18
Humility	Philippians 2:3,4	1 Peter 5:5,6
Purity	Ephesians 5:3	1 Peter 2:11
Honesty	Leviticus 19:11	Acts 24:16
Faith	Hebrews 11:6	Romans 4:20,21
Good Works	Galatians 6:9,10	Matthew 5:16

TOPIC QUIET TIME

OBJECTIVE START A REGULAR PATTERN OF
SEEKING GOD WITH A PLAN

BIBLICAL EXAMPLES

JESUS

DANIEL

ABRAHAM

DAVID

KEY MEDITATION PASSAGE
& KEY VERSES

MARK 1:35

DANIEL 6:10

PSALM 5:3

GENESIS 19:27

WITH HAVE QUIET TIMES TOGETHER
AT LEAST 10 QT'S TOGETHER
SHARE HIGHLIGHTS FROM MY QT'S
HELP SELECT A WHERE AND WHEN

RESOURCES

HOW TO HAVE A QUIET TIME

SEVEN MINUTES WITH GOD

E100 READING PLAN

PLAN FAVORITE VERSE METHOD

PICK A BOOK TO START

SANDWICH ILLUSTRATION

TRY A GOAL OF 21 DAYS STRAIGHT

TELL WHY MOTIVATE - BIBLICAL TRUTH - BENEFITS

WHAT MOTIVATES ME
KEY EXAMPLES IN BIBLE
ASK "WHAT BENEFITS DO YOU SEE?"

SHOW HOW INSTRUCT - BE WITH

FAVORITE VERSE METHOD
QUIET TIMES TOGETHER = 10X

GET STARTED PLAN - TOOLS - ILLUSTRATIONS

READ "HOW TO HAVE A QUIET TIME"
SANDWICH ILLUSTRATION
READ "SEVEN MINUTES WITH GOD"
SHOW E100 PLAN TO READ THE BIBLE
PICK A BOOK - CHAPTER A DAY

KEEP GOING EVALUATE - NEXT STEPS

SHARE HIGHLIGHTS FROM QT'S TOGETHER
HELP DEVELOP WHEN/WHERE/WHAT
TRY A GOAL OF 21 DAYS STRAIGHT

PASS ON REPRODUCE

CAN THEY HELP ANOTHER WITH QT?

SINGLE SESSION PLANS

TOPIC:

1ST

2ND

SINGLE SESSION PLANS

TOPIC:

3RD

4TH

TOPIC _____

OBJECTIVE _____


BIBLICAL EXAMPLES _____

KEY MEDITATION PASSAGE
& KEY VERSES _____

WITH _____

RESOURCES _____

PLAN _____



TELL WHY MOTIVATE - BIBLICAL TRUTH - BENEFITS



SHOW HOW INSTRUCT - BE WITH



GET STARTED PLAN - TOOLS - ILLUSTRATIONS



KEEP GOING EVALUATE - NEXT STEPS



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GO THEREFORE AND
MAKE DISCIPLES
OF ALL NATIONS