MY BACKGROUND PREPARATION: (on a topic in preparation for life-to-life disciple-making)
Topic: (what area are you seeking to help them? E.g. Quiet Time, or servanthood, etc.)
Objective: (what do you want the individual to do, know, believe, act, etc.)
Biblical examples: (examples from Scripture of this activity or truth in action)
Key verses and Biblical truth: (Bible verses that teach this topic, and a note about the Biblical truth revealed)
Your personal experience (how has this been important to you?):
Additional resources (illustrations, books, booklets, DVDs, CDs, MP3s (Navigators Discipleship Library online), audio tapes, YouTube videos, etc):

HOW DO I PLAN TO COMMUNICATE IT?

As you develop your plan, draw from the Background Preparation to fill in Bible verses, illustrations, personal experience, other resources, etc. where appropriate. Tell WHY: (Motivation, Biblical truth, benefits...) Show HOW: (Provide instructions, show while s/he watches, do it together....) Get STARTED: (Do it together, give an assignment, etc.) Keep GOING: (How are you going to check up on progress? How will you know if s/he is making progress? Are there any "next steps" to take this to the next level?) Pass it on: (Make sure s/he can pass it on to another, make sure it is reproducible...)